

GC BAROTIWALA
RED RIBBON CLUB
SESSION 2024-25

Red Ribbon Club

Red Ribbon Club is a movement started by the Government of India in Schools and Colleges through which, students will spread awareness over HIV/AIDS. The Red Ribbon Club at GC Barotiwala actively worked throughout the year to promote awareness about HIV/AIDS and health related issues. The club engaged students and staff at building a healthier and more informed community.

Objectives of RRC:

- Educating students about HIV/AIDS and eliminating stigma
- Encouraging safe and healthy lifestyles.
- Fostering youth leadership and social responsibility.

Club Enrollment (2024-25) and Orientation

The academic year began with a membership drive in August 2024, which saw enthusiastic participation from students. A total of 42 students were enrolled In RRC (Including president, Vice president, secretary and Joint secretary). To mark the beginning of the new academic year, the club organized its First Annual Orientation Meet on 30th August, 2024. The event provided an overview of the club's mission, objectives and activities. Students and members were introduced to guidelines provided by HPSACS and NACO and were encouraged to follow their official social media handles for updates and educational sources.



RRC-Training Sensatization/ workshop

RRC Incharge of the college, Dr. Ina Rani, with two peer students **Attended RRC-Training Sensatization/ workshop** on 06-09-2024 at conference Hall , BMO Office Nalagarh, District Solan.



Workshop on HIV/AIDS and related health issues: Removing Myths and misconceptions

On 12-09-2024, a workshop was organized to observe International Youth Day. The workshop featured Ms. Anjana Sharma, ICTC counsellor Baddi, who delivered an insightful session on HIV/AIDS awareness and debunked common myths surrounding the disease. Mr. Suresh Sharma, project manager at Plan India NGO, discussed the critical correlation between drug abuse and HIV/AIDS, emphasizing prevention and rehabilitation. The event saw active participation from 102 students, fostering awareness and encouraging stigma-free discussions on these crucial health issues.

बरोटीवाला

एच.आई.वी. पॉजिटिव व्यक्तियों से जुड़े भ्रम को दूर करने की आवश्यकता पर बल दिया



बॉटो एन. : डिग्री कॉलेज बरोटीवाला में आयोजित कार्यक्रम के दौरान क्लब के सदस्य वायुवीक चित्र में। (संस्कृत)

बरोटीवाला, 12 गिरीश्वर (दुधर) : डिग्री कॉलेज बरोटीवाला में आयोजित रैड रिबन क्लब द्वारा एच.आई.वी. / एड्स जागरूकता पर कार्यक्रम का आयोजन किया गया। कार्यक्रम में एड्स/एच.आई.वी. परीक्षण केंद्र चर्चा की सफलता का स्वागत किया गया।

में जागरूकता दी। क्लब की संस्थापक डॉ. ईश ने कार्यक्रम में युवाओं की भूमिका पर विशेष जोर दिया, ताकि वे जागरूकता फैलाने और प्रभावित व्यक्तियों का सपर्यवेक्षण करने में सक्रिय भूमिका निभा सकें। एच.आई.वी. की जांच से पहले रूढ़िवादी प्रतिक्रिया के अंतर्गत प्रोब्लेम मैनेजर सुनील कुमार ने भी युवाओं में फैल रहे भ्रमों और उनके प्रभाव और

बचाव के तरीकों के बारे में बताया। कार्यक्रमी प्रश्नोत्तरी डॉ. अनुष्का फडके ने कहा कि इस प्रकार की कार्यक्रमों से एच.आई.वी. के बारे में फैली भ्रमों को दूर करने में सहायक है। डॉ. नीति गुप्ता ने एच.आई.वी. पॉजिटिव व्यक्तियों से जुड़े भ्रम को दूर करने की आवश्यकता पर बल दिया। अंत में एक प्रश्न-उत्तर सत्र आयोजित किया गया।



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FLASH MOB/ PLAY

A flash mob/play and awareness campaign by RRC GC Barotiwala was organized on 23-09-2024 to observe International Youth Day at GDC Barotiwala campus and one in Barotiwala market (public place). The performance included a 5- minute dance routine, showcasing the importance of health awareness, safe practices and youth leadership.



REEL MAKING COMPETITION

In the month of October 2024 a reel making competition was organized as part of ongoing efforts to raise awareness about HIV/AIDS. The themes were: HIV Testing, Toll free Helpline 1097 and any other topic related to awareness on HIV/AIDS. Students were encouraged to create videos that were both informative and engaging. Entries were evaluated based on creativity, message clarity and on the basis of relevance. Sanjay Singh stood first, Sujit Kumar Sharma stood second and Uttam Kumar, Priya Kumari and Babita Kumari stood third in this competition.



Pamphlet Distribution Activity:

On the occasion of World AIDS Day (01-12-2024), a pamphlet distribution activity was organized by RRC GC Barotiwala. The members and students distributed informative pamphlets in areas surrounding the college campus

and nearby residential localities. They engaged with residents by explaining the content, addressing misconceptions, and highlighting resources for support and care.



Information and Demo of Toll-Free Helpline 1097 and information about following the social media handles of HPSACS and NACO.

A session was conducted on 04-12-2024 to educate students about the AIDS Helpline 1097, which provides confidential support and guidance related to HIV/AIDS. A live demonstration of how to use the helpline was presented, showcasing the process of calling, the types of information available and the confidentiality maintained during the interaction. Students were guided on how to like and follow the official social media handles of HPSACS and NACO.



Walk with message on HIV

On 06-12-2024, the RRC GC Barotiwala organized a WALK WITH MESSAGE ON HIV as part of World AIDS Day Campaign. The walk aimed to spread the message of prevention, awareness and eliminating stigma associated with HIV/AIDS. Participants carried banners and playcards with messages like: Know your Status: Get tested, Stop Stigma: Spread Love, Prevention is better than cure.

Participants gathered in college campus after the walk to create symbolic Red Ribbon. Volunteers pinned red ribbons on students, faculty and staff to express solidarity and support for the cause.



Dr. Ina Rani

Convenor, Red Ribbon Club, GC Barotiwala

Dr. Niti Gupta

Member, Red Ribbon Club, GC Barotiwala

