

## **Govt. College, Barotiwala**

### **Detailed Report of Anti-Drug Club Initiatives (2024-25)**

Anti-Drug Club in G.C Barotiwala has been tirelessly working for several years, organizing awareness campaigns, lectures and counseling sessions to create a drug-free environment and promote students' overall well-being. In academic session 2024-25, following activities have been conducted so far:

1. Orientation Programme on 13/08/2024
2. Anti-Drug Club Formation on 02/09/2024
3. Special Lecture to prevent use of drugs on 02/08/2024
4. Special Lecture on 'Motivation and Career Goals' on 18/10/2024

#### **Orientation Programme**

The orientation program for session 2024-25 was conducted on 13/08/2024 at G.C Barotiwala. On this occasion students were introduced to the Anti-Drug Club, its aims & objectives. The club's objectives were clearly outlined:

1. Educate students about the harmful effects of substance abuse.
2. Encourage healthy lifestyle choices.
3. Provide support and resources for students struggling with addiction.
4. Anti-drug club as a vital platform for promoting a drug-free campus.

#### **Formation of Anti-Drug Club**

A student-led Anti-Drug Club was formally established on 02/09/2024, comprising 12 enthusiastic members. The club's executive committee was elected:

1. President: Tamana Rapta
2. Vice-President: Prince
3. Secretary: Piyush
4. Treasurer: Kajal Kumari

## **Lecture on Anti-Drug Awareness**

A guest lecture was organized in collaboration with Red Ribbon Club on 12/09/2024, featuring Sh. Suresh Kumar, a renowned expert in substance abuse prevention. The speaker delivered an engaging presentation, covering:

1. Types and effects of commonly abused substances (e.g., alcohol, tobacco, cannabis).
2. Drugs and risks of HIV/AIDS
3. Risk factors and warning signs of addiction (e.g., peer pressure, stress).
4. Strategies for resistance and coping mechanisms (e.g., mindfulness, support networks).
5. Available resources for support and rehabilitation (e.g., counseling, helplines).

## **Future Plans:**

1. Regular lectures workshops and seminars on substance abuse prevention.
2. Collaborations with external organizations for resource sharing.
3. Peer-to-peer counseling and mentorship programs.